

CONFERENCE WORKSHOPS PREVIEW



February 28, 2019-March 2, 2019
Omni Austin Hotel Southpark

REGISTRATION NOW OPEN

cognitofrms.com/TAMFT/tamft2019registration

*Please note that all scheduling is tentative.
Final conference scheduling will be released by January 18.*

CONFERENCE WORKSHOPS

Thursday, February 28, 2019
2:00 p.m.-3:30 p.m.

Infertility: The Dirty Word in Family Building

Infertility is a feared word for individuals hoping to build a family. Clinicians working with patients who may be experiencing infertility need a diverse set of skills. This workshop will provide practical tools and will leave clinicians feeling empowered to walk alongside their clients during this journey. *Emily Morehead*

The #MeToo Movement Analyzed: What Therapists Need to Know

There are specific tools to use when your clients come forward with stories of past sexual assault and there are techniques to use as they are triggered over and over by the news and their social media. We explore these in our presentation on our #MeToo research. *Lisa Powell and Wendy Aporta*

A Miracle Sexual Encounter: Enhancing Marital Relationships of Survivors

Believe in Sexual Miracles using SFBT's "Miracle Question" with low sexual satisfaction and sexual abuse. The couple engages in dialogue that explores sex in a mutual, hopeful, and helpful way. Outcomes show a re-experiencing of sex absent of the traumatic experience that had before impeded on their sexual relationship. *Bianca Mickan*

Pathways To Healing Sexual Trauma: Exploring Resiliency, Social Capital and Systemic Therapies

This workshop helps professionals identify the impact of sexual abuse on relationships, explore systemic therapies that are effective in repairing posttrauma intimate connections, and provide education on social capital network and how resiliency promotes healing. *Lila Stephenson*

Using Contextual Therapy to Treat Intergenerational Trauma

Contextual family therapy (CFT) can guide clinicians working with families affected by intergenerational trauma. In this workshop, we discuss the primary challenges in treating intergenerational trauma; review current research and statistics; provide an overview of CFT; and practice using innovative CFT interventions and tools to treat families affected by intergenerational trauma. *Douglas McPhee and Cameron Brown*

Friday, March 1, 2019
2:15 p.m.-3:45 p.m.

Boosting Resilience in LGBTQ Clients While Maintaining Ethical Standards

What steps do we need to follow with the LGBTQ community to boost resilience? We will consider schools, parenting programs, and clinical settings in terms of trauma-focused family therapy interventions. We will facilitate a discussion and engage participants in an activity designed to promote increased understanding of ethical standards. *Violeta Kadieva, Misti Sparks, and Mike Bishop*

A Different Picture: Working with Adoptive and Foster Families

Adoptive and foster families come with a different picture. During this presentation participants will learn how the brain and body respond to toxic stress, abuse and neglect. Participants will learn practical tools and skills to help families engage in attachment based parenting and see the needs behind the behaviors. *Emily Morehead*

Fostering Family Resiliency After a Failed Suicide Attempt

This session will explore the dynamics of suicide attempts within in the family system including feelings of betrayal, anger, and forgiveness. Attendees will explore their own beliefs and discomfort regards suicide and walk away with at least three experiential activities to build resiliency within the recovering family. *Renee Turner and Monique Hannon*

Trauma Focused CBT: A Systemic & Integrated Approach

The transition from university clinics to community-based practice can be difficult for emerging professionals. The requirement to incorporate CBT in treatment plans and case notes can be overwhelming. This workshop will provide clinicians with practical tools for incorporating CBT with modern and post modern MFT models when treating trauma. *Cameron Brown, Natira Mullet, and Lindsey Hawkins*

Veteran Families in Transition: Fostering Resiliency

This workshop will explore the impact of military transitions on post 9/11 combat veterans and their families. Clinicians will learn about family therapy modalities that foster resiliency and explore trauma in military and veteran families. Participants will observe and participate in experiential activities that address military children's responses to transitions. *Christina Watts-Figueroa and Maria Dudley*

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Friday, March 1, 2019
4:00 p.m.-5:30 p.m.

Trauma and Resilience Through the Postmodern Lens

This presentation explores trauma, resilience, and psychotherapy through the postmodern lens. Beginning with a lecture examining these concepts as social constructions within historical context, attendees will leave with deconstructive skills they can implement into their practice. Presenters will demonstrate the application of these practices, and attendees will have opportunities to reflect in small groups. *Candace Runaas, Skeetz Edinger, Stephanie Zepeda, and Aileen Renteria*

Reflecting Practices in Critical Incident Debriefing

Following our response to the Santa Fe school shooting, we needed to support our team. We had several opportunities for the team to share debrief with others reflecting. This format offered valuable feedback and validation. We will discuss and demonstrate after describing the process. Some graphic details may be disclosed. *Adriana Gil-Wilkerson, Susan Levin, Joanna Robertson, and Jessica Gonzalez*

A Relational Perspective of Incest: Explanation & Treatment

This presentation will focus on conceptualizing incest based on a combination of theories (i.e., family systems, attachment, and betrayal trauma). Further, we will describe case examples of treatment for adult female survivors of incest with long-term abuse within their families. Treatment will include consideration of dissociative disorders associated with incest. *David Lawson and Susan Henderson*

Working With Couples to End Violence

This session has two parts: the first half explores a model of how couples end violence in their relationship based on interviews with formerly violent couples and the second half provides examples of how therapists can safely apply this model conjointly, individually, and with groups. *Lisa Merchant*

Trauma & Transgender: Integrated Collaboration

Transgender individuals experience trauma by violence, stigma, and lack of access to healthcare (Richmond et al., 2012). Family therapy offers a place to heal trauma and access the healthcare system (Bernal & Coolhart, 2012). Workshop experiential activities allow the therapist to practice letter writing for transgender health services. *Michelle Dalton and Aaron Norton,*

Saturday, March 2, 2019
9:30 a.m.-11:00 a.m.

Hurricane Harvey to Santa Fe School Shooting: Communities Attempting Resilience

From April 17, 2017 through May 18, 2018 traumatic events occurred from the Coastal Bend to the Upper Texas Gulf Coast. Thirteen million people were affected by the hurricane. Shocked and displaced, students in Santa Fe returned to school. The tragedy of the school shooting with 10 dead and 13 injured happened on May 18, 2018. This presentation will present ideas for how to turn tragedy into prevention: from federal to state to community to school to family levels. *Deborah Higgs*

Mastering Technology-Assisted Therapy: How to Do It Ethically and Do It Well

This workshop follows up from last year's introductory workshop on Ethics of Telehealth and Online Therapy and aims to give more in depth information on how to do technology assisted therapy ethically and well, including more advanced topics such as lighting, sound confidentiality, technology requirements, ethical situations, and other issues. Also, a model for technology-assisted therapy will be introduced. *Rhiannon Beauregard*

Single Sessions for Trauma Survivors

Often clients walk-in with posttrauma concerns. Because many only come for one session, knowledge of posttraumatic growth enhances these single sessions so clients can get back on track to living meaningful lives. This workshop provides an orientation, supported by research, designed to capitalize on posttraumatic growth in a single-session. *Monte Bobele and Arnold Slive*

Solid Ground: Helping Supervisees Develop a Theoretical Orientation

Supervising new clinicians involves advising about clients and ethical considerations, but supervisees are typically still in the midst of developing a theoretical orientation throughout supervision. This workshop will help supervisors learn how to support supervisee theoretical development, even if the chosen theory is different from that of the supervisor. *Jason Martin*

Your Resilient MFT Licensing Board (Update)

Current and former Board members will review new changes in the rules! Additional focus will be on record keeping and confidentiality, technology-assisted service (TAS), and supervision. Presenters will describe TSBEMFT progress toward the Sunset Review Commission's management actions and the 2018 Sunset Commission recommendations for the 2019 legislative session. *Rick Bruhn and Jennifer Smothermon*

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Saturday, March 2, 2019
1:15 p.m.-2:45 p.m.

An Attachment-Informed Approach to Adolescent Trauma Therapy

Trauma experiences during adolescence often have a profound dysregulating and destabilizing effect which may impact the important tasks of adolescence such as identity formation, which could already be unstable depending on an adolescent's existing attachment style. Effective attachment-informed approaches may aid in mitigating the long-term effects of adolescent trauma experiences. *Pamela Malone*

EMDR: Healing Attachment Ruptures Within the Family

Participants will learn about the integration of EMDR therapy using a family systems perspective. Case examples will demonstrate the application of EMDR and Attachment Theory to address attachment ruptures and build resiliency within the family system. Presenters will facilitate discussion around future implications of EMDR with children, couples, and families. *Rhonda Gallo-way and Christina Watts-Figueroa*

MFT Practice Research Network: Intro and Invitation

The MFT-Practice Research Network is a no-cost program that helps therapists assess client progress across time. Monitoring client progress improves outcomes, facilitates better supervision, and will be necessary as insurance moves to value-based payments. Using an internet-based system, assessments are automated, making it user-friendly for clients, therapists, and supervisors. *Roy Bean, Lee Johnson, and Jason Whiting*

Narrative Practices With Survivors of Sexual Trauma

The #MeToo movement has called attention to the widespread prevalence of sexual assault. Societal discourses remain dichotomous, particularly in the realm of the sex industry where prostitution is often viewed as a "victimless crime." Examine how narrative practices in group modality help survivors of street-based prostitution to reauthor identity. *Layla Scott*

Parental Alienation: Child Emotional Trauma

Parental alienation and poor co-parenting skills are factors in the majority of high conflict divorces. Chronic parent conflict is considered emotionally traumatic for children and is associated with poor psychological and developmental outcomes for children. The research concerning the negative effects on children in situations of parental alienation and poor co-parenting will be reviewed and a comprehensive educational approach designed to increase parent knowledge and skills, as well as to increase a child's resiliency to parent conflict will be presented. *Mary Alvarez and Christine Turner*

Saturday, March 2, 2019
3:00 p.m.-4:30 p.m.

Evaluating a Principle-Based Sexual Health Educational Intervention

Current literature indicates that Marriage and Family Therapists are not comfortable discussing sexual topics with clients, despite their purported expertise in interpersonal and intimate relationships. Can a principle-based model of education provide a ground rules framework for MFTs to gain both knowledge and increased comfort to address sexual health issues with clients? Aspects of such an educational intervention will be taught and discussed. *Kathleen Sweeney*

Family and Social Support and Its Impact on Successful Reintegration and Transition: A Look at Gaps and Barriers to Utilizing Treatment Offered to Female Veterans

Attendees will learn the barriers and gaps of mental health treatment for female veterans in a recent research study. Attendees will identify patterns and acquire new ways to work with military families. The presenter will discuss findings and propose techniques to utilize with military members and their families. *Robyn Bone*

Privacy Laws and Rules for Practice: Be Resilient!

Privacy laws affecting MFT practice will be the focus of this ethics workshop, including rules for professional representation, relationships with clients, sexual misconduct, record keeping and confidentiality (including HIPAA and TX HB 300), technology-assisted services, and new procedures for processing complaints against licensees. Participants will sing-a-long to learn ethics! *Rick Bruhn and Mike Miller*

A Space to Heal: A Curriculum-Based Approach to Birth Trauma

Providing a safe and supportive space for processing traumatic childbirth postpartum experiences presents unique challenges for therapists. This workshop will cover a basic overview of perinatal mood disorders related to birth trauma and a curriculum-based systems approach to treatment for individuals and partners. *Lorissa Eichenberger*

Trauma and Sexuality: Common Issues and Treatments for Trauma-Related Sexual Concern

This workshop will dive deeper into how all types of trauma affect a person(s) sexual identity and sexual sense of self and how marriage and family therapists are essential treatment team members in trauma treatment and will present effective treatment modalities and interventions that help to reduce the impact that trauma has on sexuality. *Rhiannon Beauregard*